



# MEETING TO AGREE A MANAGEMENT PLAN FOR A CHILD WITH ADHD

This guide is for teachers and parents/carers to use when planning the management of a child's ADHD at home and school.

It includes suggestions for points and questions you may want to consider. These are just examples, and it is important to focus on what is relevant for the individual child.

## FOR TEACHERS: PREPARING FOR THE MEETING

### Goals

- Put support into place for the child with ADHD
- Talk with the parent/carer to agree a plan
- Start to formulate a long-term management plan.

### Actions

- If you have colleagues who have previously taught children with ADHD, ask them about creating useful management plans
- Read up about structured planning for children with ADHD
- Think about what a plan might involve from the child's perspective
- Consider how a plan could work from the school's perspective.

### Challenges

- How can you decide the best place for the child in the classroom?
- Can you provide a fixed and regular timetable?
- How can you develop a reward system tailored to the needs of the child with ADHD, without discriminating against other children?
- Reassuring the parents/carers that the agreed plan will be consistent, but will also evolve in line with the child's needs
- What if the school finds it is unable to carry out many aspects of the plan over time?
- What if the school is unable to agree to the basic demands of the plan?

### Questions

- What are the parents/carers' expectations of the school management plan?
- What key recommendations can the school offer from its own experience of children with other conditions?
- How often should the plan be reviewed, and how?
- Is it possible to introduce a reward system as part of the plan without discriminating against other children in the classroom?

**Goals**

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**Actions**

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**Challenges**

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**Questions**

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